



NORFOLK COUNTY CIT – TTAC SCHEDULE

TRAINING	DATES	TIME	LOCATION
Mental Health First Aid for Public Safety 8hr	August 21 st 2025	8:00 AM– 4:00 PM	Needham Police Department
Crisis Intervention Training “CIT” 40hr	September 23 rd - 25 th & 29 th , 30 th 2025	8:00 AM– 4:00 PM	Needham Police Department
CIT for Youth 16hr	October 1 st & 2 nd 2025	8:00 AM– 4:00 PM	Needham Police Department
Crisis Intervention Training “CIT” 40hr	October 21 st – 23 rd & October 28 th , 29 th 2025	8:00 AM– 4:00 PM	Walpole Police Department
CIT Recertification 8hr	November 13 th 2025	8:00 AM– 4:00 PM	Walpole Police Department

Mental Health First Aid for Public Safety: An 8-hour course where participants learn the unique risk factors and warning signs of mental health problems, builds understanding of the importance of early intervention, and teaches individuals how to help someone in crisis or experiencing a mental health challenge.

Crisis Intervention Training (“CIT”): A 40 hour, 5-day comprehensive training designed to give police officers better recognition, communication and de-escalation techniques when dealing with persons with mental illness as well as other people from vulnerable populations. It provides a different perspective on mental health and enables officers to conduct better follow ups and referrals in these cases. The goal is to divert these individuals away from the Criminal Justice System and towards necessary treatment, when appropriate.

CIT for Youth: This training focuses on servicing the needs of children in crisis (through high school age). It combines education, resources and de-escalation skill building. This training would be particularly useful for SROs or officers who frequently work with youth.

CIT Recertification: This training is recommended by DMH and the MPTC for officers who attended the five-day CIT training more than three years ago. It will consist of a review and updates on the most important portions of the CIT Training. The re-certification will ultimately be loaded into the attendees' training records in ACADIS.